

ROCKLAND CHAPTER PRESENTATION AND BOOK DISCUSSION

Curing the Divorce Epidemic: Relationship REBOOT: Solution-Focused Therapy with Couples by Dr. Debra D. Castaldo, Ph.D, LCSW

Date:

Sunday, February 7, 2016

Location:

Private Dining Hall at McNelis Commons
St. Thomas Aquinas College
Route 340, Sparkill, NY

Schedule:

10:00 am Board Meeting
11:00 am Presentation
12:30 -1:30 pm Lunch and Clinical Case Discussion

For additional information, please contact Kevin Melendy at kvmel@optonline.net

*Dr. Castaldo will be leading a discussion based on her book **Relationship REBOOT**. Her book is widely available online. However she has generously offered to provide a 20% book discount to those who contact/email her and order the book directly from her website drdebcastaldo.com

Description:

The divorce epidemic has remained steady for almost a half a century. It's become cool for couples to hit DELETE and run off to divorce court before any attempts to improve their relationships. "Conscious Uncoupling" has recently been touted in the media as the latest global, desirable trend. And yet what is getting lost is the impact of divorce and break-ups on individuals, children, and extended family members. Dr. Castaldo provides a therapy model that provides hope and proven skills and techniques even for couples who have been unhappy for decades. In this hopeful, strength-based model, Dr. Castaldo combines core skills from solution-focused therapy, CBT, and family systems therapy to teach couples how to be their own best experts to REBOOT permanently!

Learning Objectives:

1. To understand the principles of solution-focused and Ericksonian therapy as a foundation for working on divorce prevention with couples.
2. To learn the 7 Relationship Viruses that are most destructive to couples
3. To apply the 5 anti-viral solutions, skills and techniques that can provide couples with the tools to keep their relationship healthy and avoid divorce.

Dr. Debra D. Castaldo, Ph.D., is the Founder and Director of The Center for Couples and Family Solutions in the New York Metropolitan area. She is the author of 3 books:

Divorced Without Children: Solution focused Therapy with Women at Midlife, Gifts of Love, and Relationship REBOOT: Tech Support for Love. She has taught at numerous academic institutions, and has been featured as a relationship expert on such media outlets as ABC News, CNN, NBC The 10 Show, FOX Good Day New York, The Lisa Oz Show, and in such publications as Ladies Home Journal, Women's Day, Redbook, More, and the New York Post. See - drdebcastaldo.com

Free for Students and Society Members

Non-Members \$20, Seniors \$5

No RSVP required

No CEUs for this program

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